

**FOREVER ITCHY**  
**SOMETIMES BITCHY**

@itch\_n\_bitch

DON'T  
TELL ME  
TO STOP  
ITCHING.

@itch\_n\_bitch

ECZEMA IS TOUGH  
BUT SO ARE YOU.

@itch\_n\_bitch

I AM NOT DEFINED  
BY MY ITCHY SKIN.

BEAUTY STARTS  
IN YOUR MIND, NOT  
IN YOUR MIRROR.

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IN YOUR MIND, NOT  
IN YOUR MIRROR.

@itch\_n\_bitch

**SURROUND YOURSELF  
WITH PEOPLE WHO GET IT  
& YOU'LL NEVER FEEL  
ALONE AGAIN.**

**DON'T  
TELL ME  
TO STOP  
ITCHING.**

**@itch\_n\_bitch**



**FOREVER ITCHY**  
**SOMETIMES BITCHY**

@itch\_n\_bitch



@itch\_n\_bitch

**ECZEMA IS  
NOT  
CONTAGIOUS.**

**@itch\_n\_bitch**

SKIN CONDITIONS ARE NORMAL



ITCH & B\*TTCH